

Biography:

Instructor – Carol Stahlke

Carol Stahlke has a background in First Aid, CPR and AED Training design and implementation. She serves as the Portland Water Bureau's Safety and Training Program Coordinator. She works with Bureau managers and staff to develop, implement and manage programs around safety training, wellness, ergonomic, community outreach and internships.

Her administrative and technical management includes planning, training, education, facilitation and coordination. Every year she increases her credentials of being an Instructor from Basic First Aid to Basic Life Support, Advanced Bleeding Control, Emergency Oxygen use and Epinephrine administration. These efforts have led to employees keeping certifications from expiring and feeling more confident and capable to handle any situation until help arrives, whether in the workplace in town or in remote areas of the watershed.

Carol serves on citywide committees including the First Aid Council. The council is formed of Training Coordinators, Safety Professionals, Supervisors, and Instructors. Together they are responsible for developing new instructors in every bureau throughout the city. She has become the City of Portland Training Center Administrator dedicated to conducting timely Instructor updates as they come available. Carol's expertise is consistently evaluating the programs with the goal of removing barriers and provide opportunity and access to a structured well-designed and well implemented training program.